



Aboriginal Go4Fun is a FREE healthy lifestyle program to improve health, fitness, self-esteem and confidence in children above a healthy weight.

Aboriginal Go4Fun runs for 10 weeks over the school term for children, between the ages of 7-13 years and their parent or carer.

Sessions include lots of games, fun activities, healthy snacks and much more!

Where:

**West Dubbo Girl Guides
60 Howard Avenue**

Date:

Term 2 2022, starting 26th April

Every Tuesday 4 - 6 pm

Contact:

**Bec McLellan
0450 115 057**



**HEALTHYEATING
ACTIVE LIVING**