



Go4Fun Program



Do you have a child aged 5 - 13 and want support with building healthier habits as a family?



Go4Fun is:

- A **FREE** healthy lifestyle program ran by **Creative Community Concepts** in collaboration with **NSW Health**
- A **5 week** program, including interactive education sessions, activities, games and healthy snacks each week
- For families who want **support with building healthy habits together**
- A fun program where families can feel comfortable to talk and learn about their health

Where: Kelso Community Hub

When: Tuesdays 03.11.26 - 01.12.26 **Time:** 3.30 pm - 5 pm

Contact: Kyle Myers 0407 567 444



IMPORTANT INFORMATION REGARDING YOUR PARTICIPATION IN THIS EVENT

These activities may involve certain risks of injury. Participation is voluntary, by engaging in these activities, you do so at your own risk. Please bring appropriate footwear, hat and drink bottle.